



# Cooking Class

**With Liberty Circle CIC**

Free (fully funded by the National Lottery  
community fund)

Wednesdays 1:15 to 2:45

Hatchford Brook Family Hub

**BOOKING ESSENTIAL**

**An inclusive, nurturing class designed for girls who are unable to attend school due to anxiety, offering a gentle and supportive environment where they can feel safe and valued, parent/carer welcome to stay**

**For More Information and Registration :**  
[www.libertycirclecic@gmail.com](mailto:www.libertycirclecic@gmail.com)





**CRAFT AND GAMING GROUP  
FOR ANXIOUS GIRLS**

AGES 11-18

MONDAYS 1-3

WEDNESDAYS 5-7

HATCHFORD BROOK FAMILY  
HUB

£3 PER CHILD

**BOOKING ESSENTIAL - BOOK  
A FREE TRIAL ON:  
[WWW.LIBERTYCIRCLECIC.COM](http://WWW.LIBERTYCIRCLECIC.COM)**

Our craft group is a safe and welcoming space where anxious girls can relax, craft, or play alongside their parent or carer. We know that confidence takes time, so there's no pressure – girls can join in at their own pace. With gentle support, they can start to feel more comfortable, build confidence, and eventually make friends and play with other girls when they're ready.

