

Emergency Contacts

If you're in IMMEDIATE DANGER call 999!

Non-emergency call 101 for police and 111 for NHS

Mental Health Crisis:

Samaritans - 116 123

Childline - 0800 1111

Initial Response Team (Crisis Team, Northumberland & North Tyneside) - 0303 123 1146

Crisis Resolution and Home Treatment Service (Crisis Team, Newcastle) - 0191 814 8899

Rape Crisis:

Women's Aid Federation - 0808 2000 247

NSPCC - 0808 800 5000

Survivors UK Male Rape and Sexual Abuse Support - survivorsuk.org

You can also ring 999 or present at A&E

Domestic Violence:

Women's Aid Federation - 0808 2000 247

The Men's Advice Line - 0808 801 0327

Galop (LGBTQIA+ Domestic Violence Support) - 0800 999 5428

Harbour - 0191 251 3305

Acorns - 0191 349 8366

Homelessness:

Homeless Link - 0300 500 0914

Shelter's Free Housing Advice Line - 0808 800 4444

North Tyneside Housing Advice - 0191 643 2520

Depaul House UK - 0191 253 6161

LGBTQIA+ Support:

LGBT Foundation - 0845 330 3030 (10am-10pm)