

BARNARDOS

Changing childhoods. Changing lives.

ETS NORTH

EMPLOYMENT, TRAINING AND SKILLS

COURSE GUIDE 2025/2026

We support young people to get
the skills they need to:

ENTER THE WORLD OF WORK

AT BARNARDO'S WE BELIEVE IN YOUR FUTURE

Our courses are here to help you grow in confidence, learn practical skills, and take your next step into work, training, or an apprenticeship.

We work with employers across many industries, so the skills you gain with us are the skills employers are looking for.

WHY CHOOSE BARNARDO'S ETS NORTH?

- Accredited, high-quality programs
- Hands-on work experience
- Friendly, supportive tutors
- Excellent facilities and resources
- A chance to meet other learners like you

A green, multi-pointed starburst graphic with a white outline, containing the text "NO FORMAL ENTRY REQUIREMENTS NEEDED".

**NO FORMAL ENTRY
REQUIREMENTS
NEEDED**

MATHS AND ENGLISH

If you're aged 16–18 and haven't yet achieved a grade 4 in Maths or English, you'll study these subjects *as part of your timetable* alongside your main course.

This isn't optional – it's an important part of your study programme and will help you get the qualifications you need for future study, apprenticeships, and careers.

Our friendly teaching team will support you every step of the way, helping you build confidence and reach your goals in these key subjects.

All 16–18 students without a grade 4 (or equivalent) in Maths and/or English must continue studying these subjects – they're a core part of your course and your pathway to success.

HEALTH AND SOCIAL CARE

(CHILDREN AND YOUNG PEOPLE)

(LEVEL 1)

Do you see yourself working with children, young people, or in health and social care? This course is your first step into a rewarding career where you can make a real difference to people's lives every day.

This qualification is designed to give you the knowledge, skills, and confidence you need for your next step. You will also have the chance to tailor your learning by choosing optional units that match your interests.

The Essentials:

- Principles and values in care
- Communication and teamwork
- Equality, inclusion and person-centered support
- Health and safety basics

Your Choice topics

- Child development, play and physical care
- Supporting babies and young children
- Healthy lifestyles, eating and wellbeing
- Leisure and social activities for young people
- Awareness of disabilities, autism, dementia and sensory loss
- Learning disability and inclusion
- Supporting people through bereavement and loss.
- Understanding risk and duty of care
- Building confidence and self-development
- Exploring different career pathways in care

BRICKLAYING

(Level 1 – City and Guilds Certificate)

**Like working outdoors and building things that last?
Bricklaying is a career where you can see the results of your
work every day.**

**This course gives you the essential skills to start out in the
building trade, while boosting your confidence and employability**

You will be trained in:

- **Measuring and calculating materials**
- **Using tools correctly (tape measure, spirit level)**
- **Building walls (half brick, cavity, and one brick)**
- **Constructing corners and paving slabs**
- **Rendering and finishing techniques**
- **Health and safety essentials**

**As well as providing vocational skills for work within Bricklaying,
these courses offer a broad curriculum designed to develop self-
confidence, personal and social skills, Employability, Maths and
English.**

MULTI-SKILLS - P&D & TILING

(Level 1 & 2 – City and Guilds Diploma)

Not sure which trade is right for you? This Course gives you a taste of different skills so that you can find your strength.

This hands-on course gives you the practical skills, confidence, and experience to take your next step in the world of construction.

You will be trained in:

- **Preparing work areas and surfaces**
- **Painting by brush and roller**
- **Basic skills in: Tiling, Bricklaying & Plastering**
- **Using tools correctly (tape measure, spirit level, ladders)**
- **Calculating the materials you'll need for a job**
- **Health and safety basics**
- **The safe use of low-level access equipment**

As well as providing vocational skills for work within painting, decorating and tiling, these courses offer a broad curriculum designed to develop self-confidence, personal and social skills, Employability, Maths and English.

PAINTING AND DECORATING (LEVEL 1 & 2, AND APPRENTICESHIPS)

Painters and Decorators put the finishing touches on buildings, making spaces look fresh and welcoming.

This course gives you the practical skills, confidence, and industry know-how to kickstart a career in a trade that's always in demand.

You will be trained in:

- How to use tools and access equipment safely**
- Preparing surfaces for painting**
- Painting techniques and specialist effects wallpapering**
- Health and Safety essentials**
- Basic knowledge of the construction industry**

As well as providing vocational skills for work within painting and decorating, these courses offer a broad curriculum designed to develop self-confidence, personal and social skills, Employability, Math's and English.

RETAIL

(Diploma in Level 2)

Love working with people? The retail industry is fast-moving, varied, and packed with opportunities.

This course gives you the customer service skills and confidence that employers are looking for and confirms competence against national Occupational standards.

You will learn:

- **How to manage Customer enquiries and respond to customer requests**
- **How to deal with customer problems and provide solutions**
- **How to handle customer complaints in a professional manner**
- **Transferable skills valued by employers such as**

As well as providing transferable skills this course offers a broad curriculum designed to develop self-confidence, personal and social skills, Employability, IT skills, Math's and English.

BEAUTY THERAPY

(Level 1, 2 & 3- NVQ Certificate – awarding body VTCT)

The beauty industry is booming – and it's full of exciting career paths. From nails and lashes to massage and skincare.

This course helps you master a wide range of treatments while building confidence and customer care skills to succeed in salons or as a self-employed beauty therapist.

You will be trained in:

- **Facials, waxing and massage**
- **Eyebrow treatments**
- **Manicures, pedicures, and nail extensions**
- **Eyelash extensions**
- **Health, safety and security in the salon**
- **Client care and communication**
- **Understanding the Beauty Industry**

As well as providing vocational skills for work within Beauty therapy, these courses offer a broad curriculum designed to develop self-confidence, personal and social skills, Employability, Math's and English.

HAIRDRESSING

(Level 1, 2 & 3- NVQ Certificate – awarding body VTCT)

Our hairdressing courses prepare you for an exciting career in the salon industry. You'll learn through practical sessions in a realistic salon environment, plus group discussions and assignments.

Whether you dream of working in a busy salon, becoming a colour specialist, or even running your own business, this course gives you the skills and confidence to shine.

You will be trained in:

- **Shampooing and Conditioning**
- **Hair Drying and styling techniques**
- **Colouring, perming, and cutting**
- **Scalp plaiting, twisting, and hair-up styles**
- **Supporting stylists with chemical processes**
- **Customer care and communication**
- **Health and Safety in the salon**

As well as providing vocational skills for work within Hairdressing, these courses offer a broad curriculum designed to develop self-confidence, personal and social skills, Employability, Math's and English.

SUPPLY CHAIN WAREHOUSING OPERATIVE (LEVEL 2 - APPRENTICESHIP ONLY)

Warehousing and logistics are at the heart of how goods move around the world.

This course gives you the skills to get started in a fast-growing industry – from stock control and safe equipment use to teamwork and leadership.

YOU MUST BE AT LEAST 18 YEARS OLD TO APPLY

You will learn:

- **Stock control and processing orders**
- **Packing and wrapping products**
- **Safe use of manual handling equipment**
- **Health and Safety at work**
- **Teamwork and leadership skills**

As well as providing vocational skills for work within Warehousing and storage, this course offers a broad curriculum designed to develop self-confidence, personal and social skills, Employability, IT skills, Math's and English.

APPRENTICESHIPS & NEXT STEPS

For over 35 years, Barnardo's has helped young people into work, training, and apprenticeships with more than 300 employers across England and Scotland.

Whether you've just left school or you're ready to take your next step, we're here to help.

You must have an employer to apply or email n.brumptontaylor@barnardos.org.uk

When you join us, you will get:

- Personal support from tutors and mentors
- Employability skills to prepare you for work
- Math's and English if you need a boost
- Work experience with trusted employers

We offer apprenticeships in:

- Construction trades (Painting & Decorating)
- Hairdressing & Beauty Therapy
- Customer Service & Business Administration
- Supply Chain & Warehousing

THE JOBS PROJECT

The JOBS Project supports young people (aged 18-29) who are not in education, employment or training (NEET) and facing a range of challenges, to develop the skills and confidence to move forward with the next steps of their lives.

What can you expect from the project?

- **Build on your employment experience.**
- **Work on CV and interview skills.**
- **Build confidence and belief in your abilities.**
- **Work with others in a team.**

How is the project structured?

During the 8-week course, you will visit the Amazon site in your area, work with others to develop teamwork skills, and build your confidence and communication skills.

Course materials are provided and your travel and lunch costs will be reimbursed for the duration of the 8 weeks.

It's important that you have a chance to reflect on your progress, so we factor that in too.

How do I join?

The JOBS project takes place throughout the year, around the Northeast. To find out more contact:

thejobsproject@barnardos.org.uk

BARNARDOS

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CONTACT US



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YOUR FUTURE IS IMPORTANT

Take the first step today - We'll help you get there!